**The Clubhouse**

Member Spotlight Questionnaire

Please fill in as many of these questions as you are comfortable with sharing on the website and in as much detail as possible and send to us with a couple of pictures.

**Name**

**Age**

**Where do you live?**

**BMI and/or Dress Size**

**When did you start running and why?**

**What motivated you to join The Clubhouse**

**Where are you at the moment on our coloured ability scale?**

**What do you hope to get from being part of this running club?**

**How often do you run?**

**What kind of distances do you run in training?**

**Do you parkrun? (if so which one)**

**Have you taken part in any races? Please tell us about them, and also any races you would like to do in the future**

**What is your running goal for this year?**

**How can other members best support or encourage you?**

**What is the one thing which you think would improve your running**